

Inner Space Books



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This sculptural art book reveals “rooms” that express the artists' inner being.

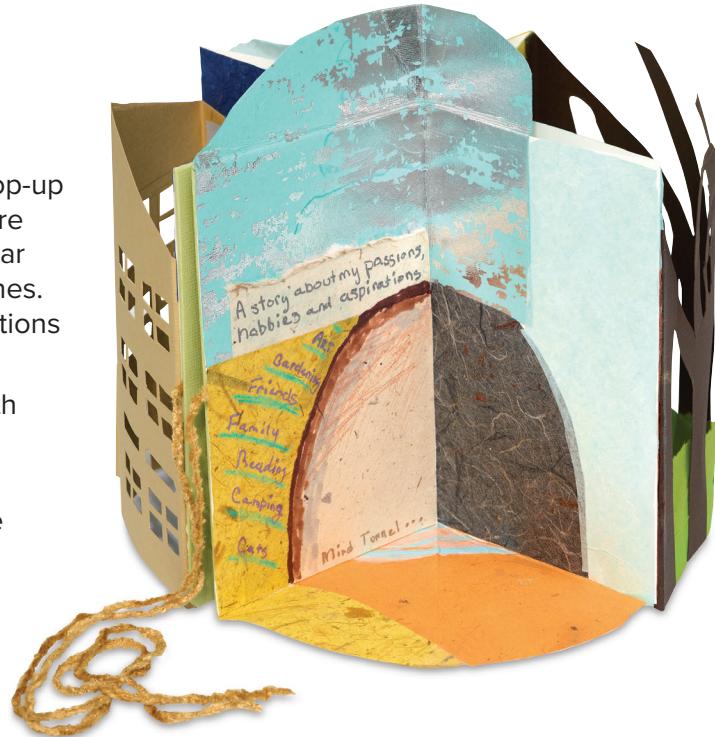
Carousel book binding is a mix of the accordion book and a pop-up book. It may look like any other book from the outside, but there is more to discover when it is open. The pages fan out like a star when viewed from above, forming four distinct panoramic scenes. Each page spread is like a miniature stage set, and all four sections come together to tell a larger story.

Just like the carousel book we all have inner “rooms”, filled with interests, dreams, and aspirations.

In this lesson, students depict different aspects of themselves on stage-like pages that read as a visual biography. Each page spread will tell a different part of the story. Additions such as a ‘floor’ base can be added, as well as outer layers that act as windows or frames into the scene behind. Pages can even be cut, to create a doorway from one page spread to another.

Blick All-Media paper provides the perfect base for this project. Nori paste is slow drying and repositionable when wet, allowing for picture perfect book construction. Once the basic construction is done the book can be illustrated with by combining collage, drawing, watercolor, and text.

Note: Instructions and materials are based upon a class size of 24 students. Adjust as needed.



Materials (required)

[Blick All-Media Paper](#), 22" x 30" (10210-1003); need fourteen sheets

[Utrecht Chipboard](#), Kraft, 29" x 46" x 0.062" (13145-6246); need one sheet

[Morex Ribbon Assortments](#), 6 rolls, choose from an assortment of color collections (83713-); share one package across class

[Blick Aluminum Non-Slip Ruler](#), 18" (56014-1018) share one between two students

[Lineco Bone Paper Folders](#), small, 6" x 7/8" (12964-0001); share one between two students

[Fiskars Micro-Tip Easy Action Scissors](#), 6" (86028-1005); share one pair between two students

[Yasutomo Nori Paste](#), 20 oz (24000-1005); share one jar across class

[Richeson Plastic Painting Knives](#), trowel

offset, 2-3/8" (03105-0000); one per student

[Blick Paste Brush](#), Gold Nylon (24902-4058); one per student

Suggested Collage Materials:

[Paper Accents Cardstock Super Value Pack](#), assorted colors, 200 sheets, 8 1/2" x 11" (11329-1851); share one package across class

[Decorative Paper Assortments](#), 1 lb (12440-1001); share one package across class

[Roylco Decorative Papers](#), 8-1/2" x 11", Patterned, 248 Sheets (11262-1170); share one package across class

[Roylco Remnants Value Pack](#), 8 lb (11320-1008); share one package across class

Suggested Writing and Drawing Materials:

[Bic Intensity Permanent Markers](#), set of 35, assorted colors (22165-1036); one set

between four students

[Staedtler Double-Ended Watercolor Brush Pen](#), set of 36 (82357-1369); share one set between four students

[Blick Studio Artists' Colored Pencils](#), set of 36 (22063-0369); share one set between four students

[Sakura Glaze Pens](#), set of 10, assorted colors (21819-1009); share one set between four students

[Sakura Gelly Roll Pen](#), White, medium tip, 08 (20777-1010); share one between two students

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Preparation

1. Cut eight sheets of 22" x 30" Blick All-Media Paper into 6" x 30" strips. One strip per student.
2. Cut two sheets of Blick All-Media Paper to 24 6" x 4" pieces. This will be used to connect the first and last pages of the book. Each student will need one.
3. For the base or 'floor' of the book, cut Blick All-Media Paper into 5" x 5" squares. Each student will need two to four pieces. Each 22" x 30" sheet Blick All-Media Paper will yield 24 pieces.
4. Cut chipboard into 5" x 4" rectangles. Each student will need two pieces for the covers. One piece of 29" x 46" Utrecht Chipboard will yield 63 pieces.

Process

Inner pages:

1. Distribute the 6" x 30" strips of Blick All-Media Paper. Working across the length of the page, use a ruler and pencil make registration marks at the top and bottom of the page every 4". There should be seven 4" sections and a remainder of 2".
2. Fold the strip of paper, at each registration mark (including the 2" remainder), in a zig-zag pattern.
3. Stand the accordion folded strip made in steps 1-2 upright on a flat surface. Allow the book to open. It will look somewhat like a plus sign or a star when viewed from above. [Figure 1] Orient the pages so that the tab is on the left side and facing the maker. Compress the book into a two-page flat spread, keeping the tab face up and on the left side. [Figure 2]

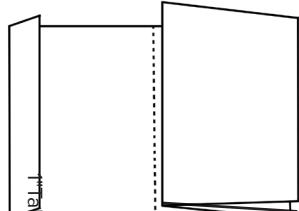
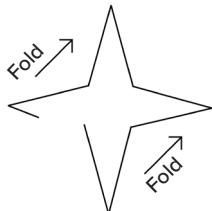


Fig. 1: Book standing on table viewed from above

Fig. 2

4. The book is one page too short, and one page will need to be added. Use the folded 6" x 5" piece of paper to create another page. Orient the page so that the tab is facing upwards on the right side. Unfold the tab, flattening the page. Use a brush or palette knife to spread Nori paste onto the 1" flattened tab. Attach to the underside of the full page on the right side of the flattened accordion folded strip. The page should fold from the center to the right side of the book. Use paper clips to keep in place while drying.



Step 1: Measure and fold pages.



Step 2: Construct the book, gluing pages to the covers.



Step 2: Use a variety of materials to illustrate each page.

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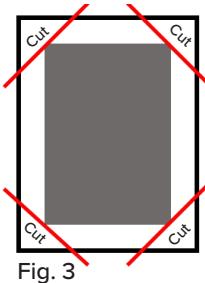
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Covers:

5. While the pages are drying, begin to work on the cover. Cut two pieces of cardstock into 7" x 5" rectangles. Place a pre-cut piece of 6" x 4" chipboard in the center of the page. Trace around the edge of the chipboard.
6. Use the traced area of the chipboard as a guide to cut the corners of the page off diagonally. The cuts should go right up to the edge of the traced corner without crossing over. [Figure 3]
7. Apply a generous amount of Nori paste to the paper cover.
8. Using the traced edges as a guide, center the chipboard on the construction paper. Fold the edges up and over the chipboard. Firmly secure the edges by clipping or pressing them until dry.
9. Repeat for the second cover.

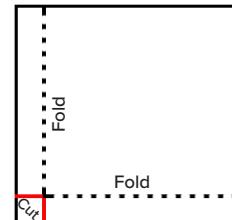
Floor Bases:

10. The number of bases will vary, depending on student design. Note that pages with additional dimensional elements (shown in the example below) will have difficulty opening and closing if a base is added to that page spread.
11. Prepare the 5" x 5" squares page bases. Measure and fold two adjacent sides of the square in 1".
12. Flatten the folds back down. There will be an outline of a square in the corner, where the two folded sides meet. Cut this square out, following the folded lines.
13. Fold the square in half, diagonally, creating a triangle shape.
14. The 1" folded tabs will be used to attach the base to a page spread. The diagonal fold will allow the base to fold up and into the book when closed. [Figure 4]



Dimensional "Pop Up" Elements:

15. Dimensional pop up elements are best utilized when there are multiple openings to see through. They can also act a border or frame connecting a two-page spread. As noted before page these elements are best used without a base so that the book will fold easily.
16. Use a piece of Blick All-Media Paper cut into a rectangle measuring 6" x 8".
17. Fold the page in half vertically to 6" x 4". Unfold, flattening the page.
18. Measure 1/2" in from the 6" edge and fold vertically, creating a tab to attach the page later. Repeat on the other side of the page.



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Final Construction:

19. Attach the covers to the open ends of the accordion fold with Nori Paste. Position a piece of ribbon measuring 10" in length in the center, between the cover and the page.
20. Fold the book closed, with the covers positioned on the outside. Reposition covers if necessary, squaring up with each other and the pages. Firmly secure the covers by pressing or clipping the book until dry.
21. Decorate inner pages. Use illustration, collage, and text to convey meaning. Work in two-page spread sections at a time. There should be four distinctly separate double page spreads. Floor base or 3-D additions should be planned with the page spread they will be attached to, but should not be attached until all pages have been decorated. This ensures that the main pages can be opened flat when working.
22. Attach bases with the illustrated side facing up, and the tabs folded in. Spread Nori paste on the backside of the tabs.
23. Attach to the backside of a two-page spread. This is best done by laying the base flat on the surface of a table. With the book standing upright, align the pages so that the tabs side to the backside between the folded pages. Fold the base up and inside to close the pages. Use a paper clip to keep the tabs in place.
24. Work counterclockwise until all bases are added.
25. Attach 3-D elements. Fold the tabs backwards, away from the decorated side of the paper. Apply Nori paste to the tabs and attach to the face of a two-page spread.
26. To close the book, tie the ribbons on both sides of the covers.
27. To display the book open, tie the outside facing ribbon of the front and back covers together.



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